



Useful Items for a one week sailing trip

<p><i>For sailors</i></p> <p>sailor gloves or gym (1) Jacket & Trousers (1) Sailing license Sailing boots (1)</p> <p><i>Personal Clothing</i></p> <p>Underwear (7) Swimsuit (2) T-Shirt (5+) Long-Sleeve blouse (2) Shorts (3) Fleece (1) Jeans or other long pants (2) Socks (5) Hats (2) Shoes (1) Flip flops (1)</p>	<p><i>Personal stuff</i></p> <p>Toothbrush (1) Toothpaste (1) Deodorant (1) Razor (1) Mobile phone car charger (12V) (1) Sunglasses (1) Deckshoes (white sole) (1) Identities (ID's) Swim towel (1) Body & face towels (1)</p>
--	---

<p><i>For special attention</i></p> <p>Flashlight (+Batteries) (1) Personal medication Sun cream body (1) Sun cream face (1) Mosquito protection (1)</p> <p><i>Optional personal stuff</i></p> <p>Wet tissue / wipes Toilet seat covers Sheets Pillow case Body soap & Shampoo Sleeping Bag (1) Pocketknife (1)</p>	<p><i>Shared Items</i></p> <p>Clothes peg Wet wipes Garbage bags Wettex Dish sponge Dish soap Pack of cards Board games</p>	<p>Hammock (nice to have) Food bags Can opener Wine-bottle opener Shared body soap Shared Shampoo Plastic cups Matches + lighter (Long neck) Toilet paper Paper towel Music (USB stick or CD's)</p>
---	--	---

www.enjoyachting.com



www.facebook.com/enjoyachting

